

# Holmen svømmehall

Uke 19-21 (05-25.05)

25 meter basseng

|         |       | Hev/senk   Hev/senk   Hev/senk |     |   |   |   |   |                        |   |   |   |
|---------|-------|--------------------------------|-----|---|---|---|---|------------------------|---|---|---|
|         |       | Fra                            | Til | 1 | 2 | 3 | 4 | 5                      | 6 | 7 | 8 |
| Mandag  | 06:00 | 08:00                          |     |   |   |   |   |                        |   |   |   |
|         | 08:00 | 09:05                          |     |   |   |   |   |                        |   |   |   |
|         | 09:05 | 09:30                          |     |   |   |   |   | Hev/senk: 90 cm dybde  |   |   |   |
|         | 09:30 | 13:25                          |     |   |   |   |   |                        |   |   |   |
|         | 13:25 | 16:00                          |     |   |   |   |   |                        |   |   |   |
|         | 16:00 | 20:45                          |     |   |   |   |   |                        |   |   |   |
| Tirsdag | 06:00 | 09:05                          |     |   |   |   |   |                        |   |   |   |
|         | 09:05 | 13:25                          |     |   |   |   |   | Hev/senk: 90 cm dybde  |   |   |   |
|         | 13:25 | 16:00                          |     |   |   |   |   |                        |   |   |   |
|         | 16:00 | 20:45                          |     |   |   |   |   |                        |   |   |   |
| Onsdag  | 06:00 | 08:00                          |     |   |   |   |   |                        |   |   |   |
|         | 08:00 | 09:05                          |     |   |   |   |   |                        |   |   |   |
|         | 09:05 | 09:30                          |     |   |   |   |   | Hev/senk: 90 cm dybde  |   |   |   |
|         | 09:30 | 13:25                          |     |   |   |   |   |                        |   |   |   |
|         | 13:25 | 16:00                          |     |   |   |   |   |                        |   |   |   |
|         | 16:00 | 20:45                          |     |   |   |   |   |                        |   |   |   |
| Torsdag | 06:00 | 08:00                          |     |   |   |   |   |                        |   |   |   |
|         | 08:00 | 09:05                          |     |   |   |   |   |                        |   |   |   |
|         | 09:05 | 13:25                          |     |   |   |   |   | Hev/senk: 90 cm dybde  |   |   |   |
|         | 13:25 | 16:00                          |     |   |   |   |   |                        |   |   |   |
|         | 16:00 | 20:00                          |     |   |   |   |   |                        |   |   |   |
|         | 20:00 | 20:45                          |     |   |   |   |   |                        |   |   |   |
| Fredag  | 06:00 | 08:00                          |     |   |   |   |   |                        |   |   |   |
|         | 08:00 | 09:15                          |     |   |   |   |   |                        |   |   |   |
|         | 09:15 | 10:15                          |     |   |   |   |   | Hev/senk: 90 cm dybde  |   |   |   |
|         | 10:15 | 12:00                          |     |   |   |   |   |                        |   |   |   |
|         | 12:00 | 12:35                          |     |   |   |   |   |                        |   |   |   |
|         | 12:35 | 13:55                          |     |   |   |   |   | Hev/senk: 140 cm dybde |   |   |   |
|         | 13:55 | 16:00                          |     |   |   |   |   |                        |   |   |   |
|         | 16:00 | 20:00                          |     |   |   |   |   |                        |   |   |   |
|         | 20:00 | 20:45                          |     |   |   |   |   |                        |   |   |   |
| Lørdag* | 09:00 | 15:30                          |     |   |   |   |   |                        |   |   |   |
|         | 15:30 | 17:45                          |     |   |   |   |   |                        |   |   |   |
| Søndag  | 09:00 | 10:30                          |     |   |   |   |   |                        |   |   |   |
|         | 10:30 | 11:45                          |     |   |   |   |   |                        |   |   |   |
|         | 11:45 | 17:45                          |     |   |   |   |   |                        |   |   |   |

Fargekoder:

|          |         |           |       |
|----------|---------|-----------|-------|
| Publikum | Trening | Reservert | Skole |
|----------|---------|-----------|-------|

\*Svømmehallen stengt lørdag 17. mai.