

Holmen svømmehall

Uke 17 (22.-27.04)

25 meter basseng

		Hev/senk Hev/senk Hev/senk								
	Fra	Til	1	2	3	4	5	6	7	8
Mandag	09:00	10:00								
	10:00	12:00								
	12:00	15:45								
	15:45	17:45								
Tirsdag	06:00	09:05								
	09:05	13:25						Hev/senk: 90 cm dybde		
	13:25	16:00								
	16:00	20:45								
Onsdag	06:00	09:05								
	09:05	13:25						Hev/senk: 90 cm dybde		
	13:25	16:00								
	16:00	20:45								
Torsdag	06:00	08:00								
	08:00	09:05								
	09:05	13:25						Hev/senk: 90 cm dybde		
	13:25	16:00								
	16:00	18:00								
	18:00	20:00								
	20:00	20:45								
Fredag	06:00	08:00								
	08:00	09:15								
	09:15	10:15						Hev/senk: 90 cm dybde		
	10:15	12:00								
	12:00	12:35								
	12:35	13:55						Hev/senk: 140 cm dybde		
	13:55	16:00								
	16:00	20:00								
	20:00	20:45								
Lørdag	09:00	15:30								
	15:30	17:45								
Søndag	09:00	10:30								
	10:30	11:45								
	11:45	17:45								

Fargekoder:

Publikum	Trening	Reservert	Skole
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