

Holmen svømmehall

Uke 14 (31.03-06.04)

25 meter basseng

		Hev/senk			Hev/senk			Hev/senk		
	Fra	Til	1	2	3	4	5	6	7	8
Mandag	06:00	08:00								
	08:00	09:05								
	09:05	09:30						Hev/senk: 90 cm dybde		
	09:30	13:25								
	13:25	16:00								
	16:00	20:45								
Tirsdag	06:00	09:05								
	09:05	13:25						Hev/senk: 90 cm dybde		
	13:25	16:00								
	16:00	20:45								
Onsdag	06:00	08:00								
	08:00	09:05								
	09:05	09:30						Hev/senk: 90 cm dybde		
	09:30	13:25								
	13:25	16:00								
	16:00	20:45								
Torsdag	06:00	09:05								
	09:05	13:25						Hev/senk: 90 cm dybde		
	13:25	16:00								
	16:00	20:00								
	20:00	20:45								
Fredag	06:00	09:10								
	09:10	10:15						Hev/senk: 90 cm dybde		
	10:15	12:00								
	12:00	12:35								
	12:35	13:55						Hev/senk: 140 cm dybde		
	13:55	20:00								
	20:00	20:45								
Lørdag	09:00	13:30								
	13:30	15:30								
	15:30	17:45								
Søndag	09:00	10:30								
	10:30	11:45								
	11:45	17:45								

Fargekoder:

Publikum

Trening

Reservert

Skole